

Clarence Road, Four Oaks, Sutton Coldfield, B74 4LD Tel: 0121 308 5392 Fax: 0121 308 5061 enquiry@hillwest.bham.sch.uk www.hillwest.bham.sch.uk

Head Teacher: Dr Beth Clarke Deputy Head Teacher: Dr Rhian Warrack



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Dear Parents,

Covid Guidelines

As you will know, on Saturday 27 November, the Prime Minister announced new temporary measures following the emergence of the Omicron variant of COVID-19 in the UK. The new measures will be introduced as a precaution to slow down the spread of the variant while scientists gather more information. The new measures will be kept under review as the situation develops.

The school remains open and your child should continue to attend as normal if they remain well. We encourage household members that are aged 11 and over to continue with twice weekly LFD testing to help identify cases promptly. The advice is that all educational and childcare settings should continue to encourage staff to test on a weekly basis.

Face coverings should be worn outside if you can, and unless you are exempt, face coverings should be worn when entering the school buildings.

The current guidance on contact tracing and isolation remains in place. In addition to these, any suspected or confirmed close contacts of the Omicron variant will be asked to isolate for 10 days regardless of vaccination status or age. You will be contacted directly and told to isolate.

If you think your child is a close contact but has not have not been contacted directly by NHS Test and Trace then they should take a PCR test via <u>Get a free PCR test to check if you have coronavirus (COVID-19) - GOV.UK (www.gov.uk)</u> or by calling 119. Further guidance can be found at <u>Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person - GOV.UK (www.gov.uk)</u>

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test and remain at home at least until the result is known. If negative, the child can end self-isolation; if positive, the child should isolate until at least 10 days after their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). If the child has a positive test result but do not have symptoms, they should stay at home and self-isolate for 10 days













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from the date the positive test was taken. This isolation period will be extended if they go on to develop symptoms by counting 10 full days from the day following their symptom onset. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via GOVID-19) - GOV.UK (www.gov.uk) or by calling 119.

For most people, coronavirus (COVID-19) will be a mild illness.

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If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

Yours sincerely,

Dr Beth Clarke Head teacher









